

Author's CV
Catherine A. Hamilton

Curriculum Vitae

Catherine A. Hamilton, M.A.

Born: October 20, 1956, Sweet Home, Oregon.

Education: BS, Psychology, Portland State University, Portland, Oregon, 1980.

MA, Counseling Psychology, Lewis and Clark College, Portland, Oregon, 1984.

Career History: Crisis Counselor, Bradley-Angle House Women's Shelter (1981-1982).

Mental Health Therapist, Cedar Hills Hospital & Providence Hospital (1982-1985).

Research and Clinical Therapist, VA Medical Center (1985-1997).

Licensed Counselor, Private Practice (1986-1996).

Editor and columnist, Physicians for Compassionate Care News (1996-2001). Ghostwriter

(1997-present). Freelance writer (1996-present). Novelist and poet (1996-present).

Hobbies: I enjoy reading, cooking, gardening, bird watching, and the visual and performing arts. My favorite sports are hiking, swimming and snow skiing; also I like to travel abroad, ballroom dance and spend time with family and friends.

TV and radio appearances:

February 24, 2000 -- KEX Radio, NewsTalk 750: Interviewed live about an article I published: *The Oregon Report: What's Hiding Behind the Numbers?*

February 25, 2000 -- The Buzz Morning Show, Channel 6: Interviewed live about an article I published: *The Oregon Report: What's Hiding Behind the Numbers?*

April 1, 2005 -- Local news: "Portland Honors the Pope." Channels 6, 8 and 12. Interviewed live about my visit with Pope John Paul II.

Book Marketing Plan: Arrange for book reviews. Send press releases to media contacts and others for possible articles and reviews to promote book sales. Set up and travel for book signings. Social Media posts. Arrange for local TV and radio interviews.

Publications:

BOOK REVIEWS:

Hamilton, C. "Fresh and Versatile – New Polish Cookbook Takes Culinary World by Storm." *Dziennik Zwiazkowy – Polish Daily News*, June 19, 2018.

Hamilton, C. "The Real-life Story of Second Lieutenant Vadek Kossakowski." *Polish American Journal*, February 1, 2018.

Hamilton, C. "'Wearing the Letter P' Gives Voice to Holocaust Survivors." *The Sarasota Herald Tribune*, December 21, 2017.

POETRY:

Hamilton, C. Seventeen Days; *Catholic Sentinel*, p. 19, March 15-28, 2013.

Hamilton, C. (Katherin) When the Pope Dies; poem translated into Polish and published in Poland; *Zeszyty Karmelitanskie*, vol. 2(39). April - June, 2007.

Hamilton, C. (Katherin) Zinc and Wood; poem translated into Polish and published in Poland; *Zeszyty Karmelitanskie*, vol. 2(39). April - June, 2007.

Hamilton, C. When the Pope Dies; *Catholic Sentinel*, p. 13, April 4, 2008.

Hamilton, C. Zinc and Wood; excerpt, *Catholic Sentinel*, pp. 6 and 13, April 4, 2008.

Hamilton, C. (Katherin) Cosmos; poem translated into Polish; *Zeszyty Karmelitanskie*, in press.

Hamilton, C. (Katherin) Love; poem translated into Polish; *Zeszyty Karmelitanskie*, in press.

Hamilton, C. (Katherin) First Conclave; poem translated into Polish; *Zeszyty Karmelitanskie*, in press.

Hamilton, C. Winter Rose; poem; *Physicians for Compassionate Care News*, vol. 2 No. 4. Winter 1999.

NONFICTION

Hamilton, C. "Katherine Graczyk." Edited by Lukas, Richard C in *Forgotten Survivors*. Lawrence: University Press of Kansas. 2004; pp. 31-37.

FREELANCE ARTICLES – CURRENT EVENTS, POLITICS AND HISTORICAL:

Hamilton, C. German Battleship Opens War at Fort Westerplatte—Polish Troops Fought Hard for 28 Days; *Polish American Journal*. August, 29 2019

Hamilton, C. THE MOTHER OF SOLIDARITY; *Polish American Journal*, July 2019.

Hamilton, C. Forced Labor in the Third Reich – The Personal Account of a Polish Slave Laborer, Part V; *Polish American Journal*, February 2019.

Hamilton, C. Forced Labor in the Third Reich – The Personal Account of a Polish Slave Laborer, Part IV; *Polish American Journal*, January 2019.

Hamilton, C. Forced Labor in the Third Reich – The Personal Account of a Polish Slave Laborer, Part III; *Polish American Journal* December 2018

Hamilton, C. Forced Labor in the Third Reich – The Personal Account of a Polish Slave Laborer, Part II; *Polish American Journal*, November 2018.

Hamilton, C. A Reason to Fall in Love with Polish Food from the BBC's Ren Behan; *Polish*

American Journal, September 1, 2018.

Hamilton, C. Forced Labor in the Third Reich – The Personal Account of a Polish Slave Laborer, Part I; *Polish American Journal*, October 2018

Hamilton, C. Fresh and Versatile – New Polish Cookbook Takes Culinary World by Storm; *Dziennik Zwiazkowy – Polish Daily News*, June 19, 2018.

Hamilton, C. “The Real-life Story of Second Lieutenant Vadek Kossakowski.” *Polish American Journal*, February 1, 2018.

Hamilton, C. Wearing the Letter P -- Gives Voice to Holocaust Survivors.” *The Sarasota Herald Tribune*, December 21, 2017.

Hamilton, C. “A Gift to the Pope – a Portland Catholic made a rosary for Pope John Paul; it’s now on display in a Polish museum.” *Catholic Sentinel*. May 19, 2017; p. 30.

Hamilton, C. The Mother of Solidarity – in memory of her life and her love for the truth; *Dziennik Zwiazkowy*, (Chicago, IL) p. 6 & 8. August 10, 2010.

Hamilton C. The Mother of Solidarity – Anna Walentynowicz dies in plane crash; *The Catholic Sentinel*. August 12, 2010.

Hamilton C. 70 years after invasion – a day that ushered in Poland’s era of terror; *The Sarasota Herald Tribune*, p. 1B. September 1, 2009.

Hamilton C. Katherine Graczyk; in *Forgotten Survivors*. pp.31-37, The University Press of Kansas. 2004.

Hamilton C. Daughter Writes about Life in Sweet Home; *The New Era*, p. 3, July 3, 2002.

Hamilton C. Writer Unfair to Pontiff Who Opposed Hitler: Commentary; *The Oregonian*, p. B9. March 25, 2000.

Hamilton C. The Oregon Report: What’s Hiding Behind the Numbers? *Brainstorm Magazine*, pp.36-38. March, 2000.

Hamilton C. The Poles; political cartoon; *Brainstorm Magazine*, p. 8. November, 1998.

Hamilton N, Hamilton C. Neither Liberty Nor Dignity; *Reflections*. October, 1997.

PSYCHOLOGY AND ETHICS:

Ponzoha, (Hamilton) C, Warren R. Self-Acceptance: Techniques for Structured Groups; *Journal of Rational Emotive Therapy*, vol. 3, pp.36-43. Spring 1985.

Warren R, McLellarn R, Ponzoha (Hamilton) C. Rational Emotive Therapy vs. Cognitive Behavior Therapy in the Treatment of Low Self-Esteem and Related Emotional Disturbances;

Cognitive Therapy and Research, vol.12, pp.21-38. 1988.

Reaves M, Atkinson R, Kofoed L, Maxwell M, Ponzoha (Hamilton) C. Mental Health Services for Vietnam Veterans; *VA Practitioner*. June, 1988.

Reaves M, Atkinson R, Ponzoha (Hamilton) C, Kofoed L. Trends in VA Mental Health Services for Vietnam Veterans; *VA Practitioner*. July, 1988.

Hamilton N, Ponzoha (Hamilton) C, Cutler D, Weigel R. Negative Symptoms of Schizophrenia and Social Networks; *Schizophrenia Bulletin*, vol. 15, pp. 625-633. Summer, 1989.

Ponzoha (Hamilton) C. Helping the Chronically Physically Ill; *The Counselor*, vol. 10, pp. 1. February, 1991.

Hamilton C. Managing your Health Concerns; *The VA Kidney Gazette*, vol. 1, pp. 1. March, 1993.

Hamilton N, Sacks L, Hamilton C. Object Relations Theory and Pharmacopsychotherapy of Anxiety Disorders; *American Journal of Psychotherapy*, vol. 48, pp. 380-391. 1994.

Hamilton N, Edwards P, Boehnlein J, Hamilton C. The Doctor-Patient Relationship and Assisted Suicide: A Contribution From Dynamic Psychiatry; *American Journal of Forensic Psychiatry*, vol. 19, pp. 59-75. 1998.

Hamilton N, Hamilton C. Therapeutic Response to Assisted Suicide Request; *Bulletin of the Menniger Clinic*, vol. 63, pp.191-201. Spring, 1999.

Hamilton C. Beyond Symptom Management: Human Development at the End of Life; *Supportive Voice*, vol. 6, pp.6-7. Winter, 2000.

Hamilton N.G. and Hamilton C.A. Competing Paradigms of Responding to Assisted-Suicide Requests in Oregon; *American Journal of Psychiatry*, vol.162(6), pp. 666-671. May, 2005. (Paper was presented at the American Psychiatric Association's Annual Meeting in New York City, New York. May 2004.)

Hamilton N.G. and Hamilton C.A. Letter; *American Journal of Psychiatry*, vol. 163(6), p.1109. June, 2006.